

For immediate release

**TRILLIUM HEALTH PARTNERS CELEBRATES INNOVATIONS IN CARE THAT IMPROVE
SAFETY FOR PATIENTS**

Awards for improving quality of care given during Patient Safety Week

MISSISSAUGA (Friday, October 30th) – Yesterday, as part of Patient Safety Week, Trillium Health Partners recognized three innovations in the delivery of safe, high-quality patient care, created and led by hospital staff.

Trillium Health Partners' Honourary Guardian Hazel McCallion was on hand to present one of the awards, which is named after her and recognizes her tireless advocacy for quality health care in our community. The award celebrates teams within the hospital who have demonstrated exceptional work in advancing sustainable, quality of care for patients over the past year.

"Ensuring our community receives high-quality, safe patient care is always Trillium Health Partners' primary objective. This week has been a celebration of our commitment to quality improvement and the work we do on a daily basis to provide our patients with the best possible care. Part of that is about being innovative to advance safety and quality of care for patients, whether in a small or big way," said Tara McCarville, Vice President, Quality, Enterprise Risk & Business Intelligence, Trillium Health Partners. "The Hazel McCallion Quality of Care Awards, and Advancing Patient Safety Award, allow us to recognize individuals and teams at our hospital who live our values of courage, excellence and compassion every day and not only demonstrate but lead the advancement of high-quality, safe care in our organization."

This year's Quality of Care Award winners are:

Hazel McCallion Award in Quality of Care: New Improvement

Improving the quality of oral chemotherapy delivery at Trillium Health Partners with an oral chemotherapy care pathway, led by Dr. Katherine Enright. The use of oral anti-cancer medications is becoming more common as an alternative to chemotherapy administered intravenously. However, even with this change, cancer patients currently taking oral medications can still experience significant side effects. Dr. Enright's team worked on improving the patient experience for cancer patients taking oral medications by developing an individualized care plan for them, including patient education, and having a member of the health care team monitor their side effects by phone. As a result of this new initiative, patients experienced fewer side effects and were able to follow their treatment plan for a longer period of time, leading to better health outcomes. The number of patients requiring an adjustment in medication dosage due to side effects went from 50% to 28%, and the percentage of patients who did not miss doses of their medications increased from 21% to 70%.

Hazel McCallion Award in Quality of Care: Sustained Improvement

Impact of a Dedicated Outpatient Clinic on Improving Quality of Care for Malignant Pleural Effusions, led by Dr. Sameena Uddin. The team created an outpatient clinic outfitted with innovative technology and staffed by an inter-professional health care team. The clinic is designed to better care for patients with pleural effusions (excess fluid around the lungs, often caused by end-stage disease). Prior to this, a common option for palliative patients with pleural effusions was a trip to the emergency room. The new outpatient clinic model allows patients to receive care in a more comfortable setting, helping them experience improved quality of life in their final days. In addition to treating their condition using advanced technology and an inter-professional health care team, patients are also able to receive care at home with the use of an

innovative treatment called a tunnelled pleural catheter (TPC), administered by a visiting nurse. With supportive care at home, and patient education about who and when to call when in distress, patients maximized time at home with loved ones.

This year Trillium Health Partners introduced a new award – the **Advancing Patient Safety Award**, recognizing the creation of a system or process improvement that helps decrease the rate of reported patient safety incidents.

The winner of this year's award is **Trillium Health Partners' Falls Reduction Team (Rehabilitation Unit, Mississauga Hospital)**, led by Marivic Roque and Heather Ead. Falls are the leading cause of injury in elderly people, especially during a hospital stay, leading to loss of independence and further risks of falling. Falls prevention is a key focus at Trillium Health Partners as part of the hospital's Best Practice Spotlight Organization (BPSO) activities. The team leading Trillium Health Partners' Rehab Falls Reduction initiative reduced falls on their patient unit dramatically by implementing "Hourly Purposeful Rounding" and a daily staff huddle, where staff focused on specific interventions that reduced the number of monthly falls.

As part of this year's Patient Safety Week, Trillium Health Partners was also able to present Professional Development Scholarships to 25 deserving individuals working at Trillium Health Partners. These were supported by generous donors in the community. The Scholarships include:

- The Drs. Izukawa & Wilson Endowment Fund
- The Arthur & Terry Jane Hooker Endowment Fund (7 scholarships)
- The Dr. Halina Solow Humanitarian Award
- Dr. Donald Black Bursary (2 scholarships)
- The Eva & Boyd Upper Award for Nursing Leadership & Innovative Practice (8 scholarships)
- The Edgar and Ruby Simm Memorial Fund for Education (4 scholarships)
- The Dr. James & Margaret Brayley Endowment Fund
- The Carol Moir Endowment Fund

About Trillium Health Partners

Trillium Health Partners is one of the largest community-based acute care facilities in Canada. Comprised of Credit Valley Hospital, the Mississauga Hospital and the Queensway Health Centre, Trillium Health Partners serves the growing and diverse populations of Mississauga, West Toronto and surrounding communities. Trillium Health Partners is a teaching hospital affiliated with the University of Toronto. Trillium Health Partners is an associate member of the Toronto Academic Health Science Network.

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