

TRILLIUM PSA NEWSLETTER

Issue 7, Fall 2018

PSA Newsletter

We want to welcome everyone back from what was a beautiful summer. Your PSA Executive has been busy planning this year's events with the goal of having more Professional Staff involved in PSA activities and events. We welcome your suggestions on ways to improve attendance at our PSA meetings. If you have heard a great speaker or would like us to address a topic, please let us know. Our contact information is below.

Many of you were interested in exploring an off-site venue for our meetings so we hosted our Back to School event on September 17th at the Lakeshore Convention Center. We want to thank all those who attended the QIPS qualified event – we received a lot of positive feedback - it was a great evening! We had 91 professional staff attend and look forward to continuing the event next year. Let's get the word out. Invite your friends and colleagues to the next PSA Meeting!

Our mission is to have a healthy and engaged PSA who care for patients and their families in order to provide the best possible health care. We want to continuously contribute to the wellness of our PSA membership.

Did You Know?

Did you know that your Professional Staff Association dues fund PSA events throughout the year including all meetings and the Long Service Awards Gala!

Upcoming Meetings

Tuesday, November 17, 2018:	PSA Meeting – Speaker: CEO Michelle DiEmanuele
Wednesday, January 20, 2019:	PSA Meeting
Thursday, April 11, 2019:	Long Service Awards Gala
Thursday, May 23, 2019:	Annual General Meeting

Back to School

Do you find your career as joyful as it once was? Do you feel the pain of being bombarded from every angle? With Federal and Provincial actions, more complex patients, loss of autonomy and not to mention the issues with our own medical organizations (OMA/CMA/CPSO) it is hard not to feel the strain at some level.

Mr. Ted Bober from the OMA Physician Health Program gave a talk on "Finding Joy in Medicine". He asked us to think about activities that bring us joy in our career and then try and spend 20% of our time doing those. He also encouraged us to support each other and to find joy in one another's successes, as well as our own.

His talk was interactive and led to some examples of how we at Trillium Health Partners find joy and satisfaction in our everyday work lives. It is by taking care of ourselves, physically and mentally that improves how we care for others.

We want to extend a huge thank you to Mr. Bober for helping us understand that there is joy in our jobs that we most often take for granted and fail to recognize. We all have a huge responsibility to our patients and community but also to ourselves. We should recognize the importance of the work we do and how we are able to make a difference in our patients' lives.



Member at Large Initiative

The merger of the hospitals has resulted in a large footprint to cover when it comes to representing the best interests of the Professional Staff. At one time a three to four member executive was able to keep a close pulse on what was happening at a given hospital.

In order to improve representation, the PSA Executive is requesting one member from each program to step forward as a member at large in order to improve communication to and from the PSA Executive. If you are interested, or know someone who is interested, we are looking for names from each of the following programs:

1. Oncology	2. Cardiac Health	3. Mental Health
4. Women's & Children's Health	5. Neuro/MSK	6. Anesthesia
7. Emergency Medicine	8. Medicine	9. Surgery
10. Laboratory Medicine & Genetics	11. Diagnostic Imaging	12. Primary Care/Rehab/CCC

Midwifery will be represented by Women's & Children's Health and Dental Staff through Surgery.

This voluntary position will not be a big time commitment. It would involve a group meeting, most likely via conference call a few times a year. Some of the benefits of this extension of the Executive will include:

- Increased awareness of ideas, concerns and issues impacting other programs.
- An avenue to advertise for meetings and events to programs in a more personal way.
- Allow for better engagement and representation for hospital wide initiatives such as the upcoming HIS rollout.
- Creation of an entry level leadership roll which could be a pipeline for future PSA Exec candidates.

We think that this will lead to a stronger and more effective representation of the membership.

We are working hard to strengthen our Professional Staff Association. We want to facilitate better communication and understanding of the challenges and successes of the PSA and we believe that creating a Member at Large network will help move us towards that goal.

Pulse Survey

Please take a few moments to fill out the hospital "Pulse Survey". This survey will run from September 18th to October 9th. There are only 8 questions and should take less than 5 minutes to complete.

It is an anonymous survey conducted by a third party consulting firm and results are completely confidential. The results will be presented to Medical and Administrative leaders at THP including the Board of Directors, President & CEO Michelle DiEmanuele and Chief of Staff, Dr. Dante Morra.

Remember, our new Strategic Plan includes a focus on exceptional experience for those who deliver care as well as our patients. This is your chance to share your voice to say what is working and what is not to make THP a great place for everyone to work and for patients to receive care.

Long Service Award Gala

The Long Service Awards Gala was held at the Credit Valley Golf and Country Club on April 19th. It was a fantastic night and an event you don't want to miss this year. The pictures are available on the Hub, have a look!

OMA UPDATE

Negotiations

The election of a new Provincial government has resulted in the Ministry requesting to re-enter negotiations with mediation. They have appointed a new negotiating team and the OMA has cautiously agreed by ensuring additional arbitration dates should mediation talk fail again. After three series of meetings, it is hopeful that an agreement will be reached soon. More will be known in the next couple of weeks.

OMA President's Tour and AGM

We are pleased to announce that OMA President Dr. Nadia Alam and your OMA District representatives will be available to discuss current issues and opportunities at this year's District 5 AGM. It will be held at the Lakeshore Convention Centre on Thursday October 11th, 2018. This event will be a great opportunity to hear from and speak with your OMA President. She will be available to answer your questions and address your concerns. You can register by calling 1-800-268-7215. This event will also be live streamed for those that cannot attend the meeting in person.

OMA Special Council Meeting on Relativity

On October 21st, 2018 your OMA representatives will be meeting to discuss key motions regarding relativity. This is an important meeting and each section should be in touch with their leadership with their concerns and thoughts to ensure you are well represented.

OMA Contacts

Please contact your local representative for any concerns, input or feedback. You can also get direction from your section, or contact one of your local OMA representatives:

Dr. Rohit Kumar	Rohit.Kumar@thp.ca	District 5 Delegate
Dr. Deepa Soni	Deepa.Soni@thp.ca	CVH Medical Society Delegate

PSA EXECUTIVE CONTACTS

We welcome any feedback or ideas on how to improve your PSA experience! Reach out anytime, we would love to hear from you!

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