

**FOR IMMEDIATE RELEASE**

**Trillium Health Partners Physician Recognized in *Canada's Top 40 Under 40*<sup>®</sup>**

**June 28, 2018 (Mississauga, ON)** - Trillium Health Partners (THP) would like to congratulate Dr. Vipan Nikore, Service Medical Director, Department of Medicine, Credit Valley Hospital, for being named a recipient of *Canada's Top 40 Under 40*<sup>®</sup> for 2018, published yesterday by BNN Bloomberg and the National Post.

Canada's Top 40 Under 40<sup>®</sup> recognizes 40 of Canada's outstanding leaders and innovators who are under the age of 40. Approximately 800 people were nominated and selection was based on four criteria: Vision & Innovation; Leadership; Impact & Influence; and Social Responsibility. Past winners from Trillium Health Partners include President & CEO, Michelle E. DiEmanuele and Division Head of Ophthalmology, Dr. Ike Ahmed.

Dr. Nikore is being recognized for his work as a thought leader in health care, an innovator, a mentor to new physicians and as a humanitarian who does work around the world.

Dr. Nikore has been a physician in Mississauga at Trillium Health Partners since 2014, where he currently practices as a general internist and leads a group of over 75 medicine physicians at Credit Valley Hospital. He is responsible for supporting day-to-day operations and overseeing quality improvement initiatives, patient experience, operational enhancements and strategic initiatives relevant to the Medicine Program. He has also been involved with several innovation projects at Trillium Health Partners' Institute for Better Health.

As a physician, Dr. Nikore understands the trust patients and their families put in him and is driven by looking for ways to not only help the hospital, but also help the entire health care system better support people and provide the highest quality of care for everyone.

Dr. Nikore has many different roles in the health care system in addition to his role at Trillium Health Partners. He is the Chief Medical Director of TD Bank where he is focused on the health and wellness of its 80,000 employees and the strategic health initiatives of the organization. He is on faculty at the University of Toronto where he teaches Leadership and Emotional Intelligence through an innovative small group teaching module he created that engages various health care leaders to teach medical students. He is also a physician at Cleveland Clinic in Toronto and Cleveland, and co-founded Homecare Hub to help seniors find homecare. Prior to Trillium Health Partners he was a hospitalist at Cleveland Clinic and was a visiting research scientist at MIT where he was co-course director for its Global Health Informatics course and co-edited one of the first comprehensive Global Health Informatics books. He has lectured on health innovation and leadership globally for over a decade, mentored at several health incubators such as Harvard's iLab, Blueprint Health, and the Center for Social Innovation, and has written book chapters on eHealth, Medical Devices, and Genomics.

Dr. Nikore has made a large impact in Mississauga, in Canada, and globally as a leader and physician. Whether it be sponsoring a child in India after receiving his first paycheque after undergrad at age 22, or starting the Tsunami Task Force at Yale to help victims after the Indian Ocean tsunami, he has always demonstrated a passion for helping others who need it the most. In addition to his global health work at MIT, Dr. Nikore has provided care to patients in India, Nepal, Ghana, Peru and Haiti. He is currently an Advisor at the Health Education Project in Haiti and part of the Toronto Foundation's Inaugural Vision 20/20 Philanthropy Program. Most significantly, as a medical student he founded the

non-profit Urban Future Leaders of the World (uFLOW), which empowers underserved youth to start their own service projects. He expanded uFLOW to Chicago, Cleveland, New York City, Boston, and San Francisco and is creating a Toronto headquarters with a new health care focus.

Dr. Nikore completed his undergraduate degree in Computer Science with Software Engineering Specialization at Western University before beginning his career at IBM. He then worked in health informatics at UCLA before receiving his MBA from Yale where he became President of Yale's Graduate and Professional student body. He subsequently enrolled in medical school at the University of Illinois-Chicago before starting at Cleveland Clinic for Internal Medicine Residency. Along the way he also worked at the World Health Organization in Switzerland, at UNICEF in India, the Ontario Ministry of Health, and the venture capital firm Lux Capital in NYC.

#### **QUOTES:**

"Trillium Health Partners is home to many exceptional physicians and staff, who provide the highest quality of care to our patients and their families. We are proud to have Dr. Nikore as part of the Trillium Health Partners team and as a leader in our organization who provides mentorship to incoming physicians. On behalf of Trillium Health Partners we would like to congratulate Dr. Nikore on being named as *Canada's Top 40 Under 40*<sup>®</sup>, for his work here in Mississauga and around the world."  
*Dr. Dante Morra, Chief of Staff, Trillium Health Partners*

"I am honoured to be included in this prestigious list. I'm incredibly lucky to have such a wonderful family supporting me through the ups and downs the past 20 years of my education and career and this is their award as much as it is mine. Thank you also to my incredible friends, colleagues, and patients, as well as to Trillium Health Partners for providing me with an inspiring place to work. Being a medical doctor and having the ability to help people is truly a privilege and one I do not take for granted. I look forward to continuing my work as a physician to support patients and to try to improve health care in Mississauga and all over the world."  
*Dr. Vipin Nikore, Service Medical Director, Department of Medicine, Trillium Health Partners, Credit Valley Hospital*

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**Trillium Health Partners** is one of the largest community-based hospital systems in Canada. Comprised of Credit Valley Hospital, the Mississauga Hospital and the Queensway Health Centre, Trillium Health Partners serves the growing and diverse populations of Mississauga, West Toronto and surrounding communities. Trillium Health Partners is a teaching hospital affiliated with the University of Toronto and is an associate member of the Toronto Academic Health Science Network.

#### **About Canada's Top 40 Under 40<sup>®</sup>**

Canada's Top 40 Under 40<sup>®</sup> is an annual recognition of the exceptional achievements of 40 outstanding Canadians under the age of 40. The program is supported by several prominent organizations all enthusiastically committed to Top 40's success, including: Founder and Managing Partner Caldwell; Presenting Partner MNP LLP; National Partner Gluskin Sheff + Associates Inc.; Media Partners BNN and National Post; Travel Partner WestJet; Research Partner Caliper; and, Leadership Forum Partner Toronto Region Board of Trade. Founded in 1995 by Caldwell, Top 40 has recognized more than 680 outstanding Canadians and is the country's most coveted award for young business leaders. Honourees have a remarkable track record of achievement after their win; the ranks of Top 40 alumni include hundreds of nationally and internationally prominent CEOs, CFOs, executives, and entrepreneurs.

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