## FOR IMMEDIATE RELEASE

Trillium Health Partners' Institute for Better Health holds fourth Hazel McCallion Annual Lecture in Shaping Healthier Communities

**December 5, 2023 - Mississauga, ON** - Trillium Health Partners' (THP) Institute for Better Health (IBH) held its fourth Hazel McCallion Annual Lecture in Shaping Healthier Communities. The purpose of this lecture is to engage the community about critical issues, challenges, and cutting-edge developments in research and innovation in health care. This event brings together locally, nationally and internationally-acclaimed scientists, innovators and community builders to inspire thinking and action to advance population health to shape a healthier tomorrow. With a focus on leveraging a Learning Health Systems (LHS) approach, which describes how research and health-care operations are linked to improve population health and health equity, this year's lecture was titled "Advancing the Learning Health System: Insights from Beyond Health Care."

The keynote presentation was delivered by renowned health-care thought leaders Dr. Rob Reid, Hazel McCallion Research Chair in Learning Health Systems and Chief Scientist, IBH, and Keddone Dias, Executive Director, LAMP Community Health Centre, who envisioned what a new kind of health care for a healthier community looks like, and how to get there using the <a href="LHS framework"><u>LHS framework</u></a> built and refined at IBH, and recognized as the provincial model by the Ontario SPOR Support Unit (OSSU). Through their presentation, Dias and Dr. Reid captured what it will take to build this model both at the hospital and the community level, emphasizing the importance of integrating and centering diverse patient, family and community voices.

Panelists Amie Archibald-Varley, Registered Nurse, Women's Health CEO, Advancing Health Equity, Together, CBC Freelance Journalist, author of *The Wisdom of Nurses* (Harper Collins, 2024), and Dr. Hayley Wickenheiser, four-time Olympic Gold Medalist, Physician and Assistant General Manager of Player Development for the Toronto Maple Leafs, joined IBH Scientific Director and LHS Program Lead, Dr. Laura Desveaux, as well as Dr. Reid and Dias for an interactive panel discussion following the presentation. The panel focused on how to drive transformational change in the health-care system with a focus on equity as a key outcome.

As a community-based institute, IBH has a key role in understanding the needs, preferences and priorities of our community through research and innovation to create a healthier and more equitable tomorrow. Launched in 2018, the Annual Lecture was created to provide a platform to engage with our community and inspire thinking and action to advance approaches that improve the quality and experience of care from all perspectives. The lecture is named in recognition of Ms. Hazel McCallion (1921-2023), who was a visionary for the City of Mississauga and all communities on how we can shape a healthier future for all.

## About the Institute for Better Health

As Trillium Health Partner's (THP) research and innovation engine, the Institute for Better Health (IBH) is a core enabler of THP's mission of a new kind of health care for a healthier community through the application of scientific expertise, innovative thinking and partnerships. Focused on generating cutting-edge science and innovation in health service delivery and population health, IBH leads practical research and innovation that shapes how we engage,



design, deliver, and sustain health care to solve problems stretching from the bedside to the system. For more information, visit instituteforbetterhealth.com.

## **About Trillium Health Partners**

Trillium Health Partners is the largest community-based hospital network in Canada. Comprised of Credit Valley Hospital, Mississauga Hospital and Queensway Health Centre, Trillium Health Partners serves the growing and diverse populations of Mississauga, West Toronto and surrounding communities. Trillium Health Partners is a teaching hospital affiliated with the University of Toronto and a proud member of the Mississauga Ontario Health Team and home of the Institute for Better Health. For more information, visit <a href="thp.ca">thp.ca</a>.

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