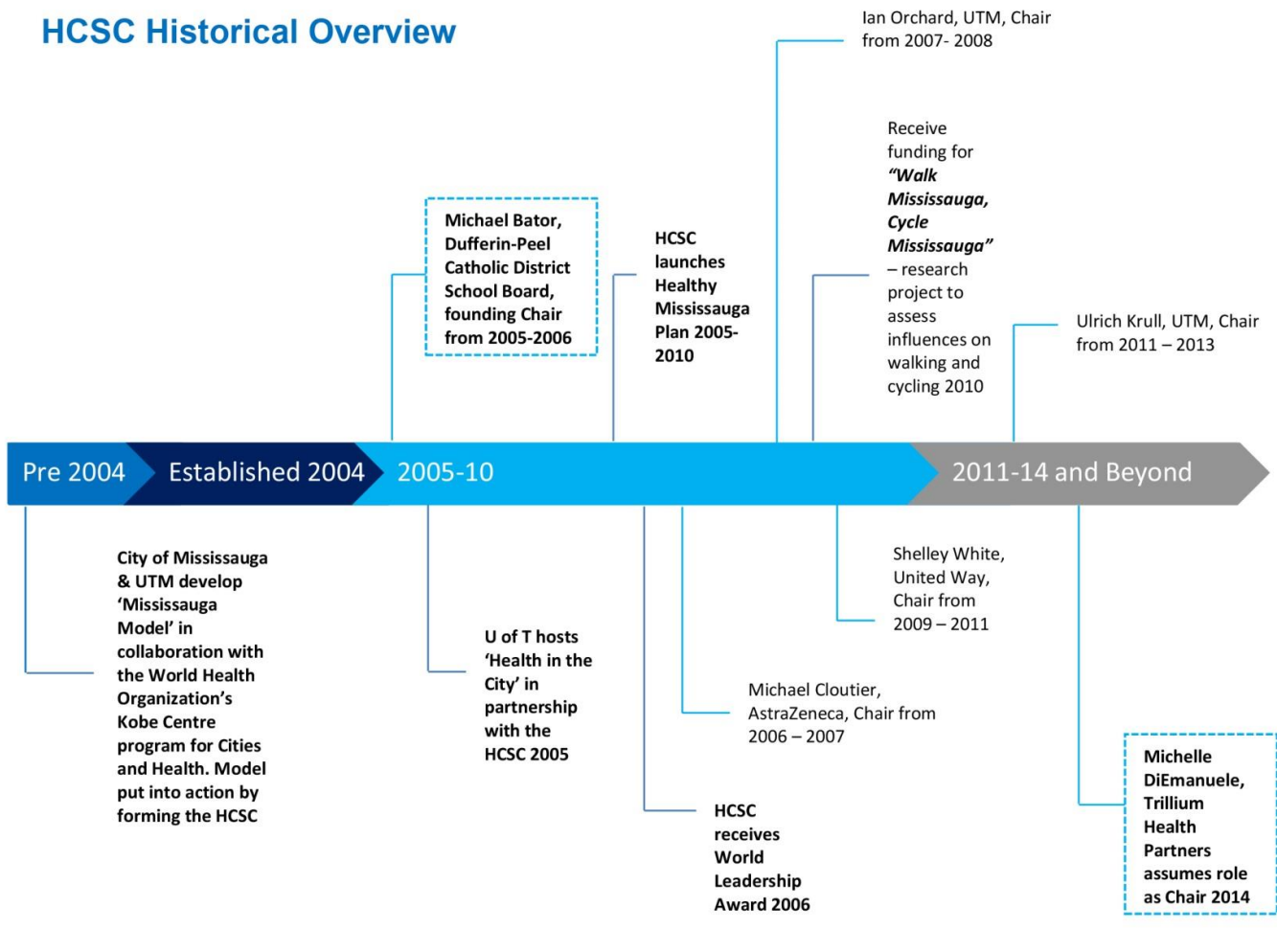


The Healthy City Stewardship Centre (HCSC) is a volunteer initiative that brings together key decision-making organizations in the City of Mississauga and the Region of Peel to work proactively and collaboratively toward the betterment of the health of the people of Mississauga. The HCSC was formed in 2004 when the City of Mississauga, the University of Toronto Mississauga and other key organizations in the city came together to collectively work toward improvements in local health. The vision of the HCSC is that Mississauga will be a healthy city of people with optimal physical, mental and spiritual health.

HCSC Historical Overview



Highlights

The Healthy City Stewardship Centre (HCSC) has achieved a number of accomplishments since it was first established in 2004. Here are a few highlights from the last 10 years:

HCSC launches the Healthy Mississauga Plan 2005-2010

The *Healthy Mississauga 2010 Plan* is a framework for action toward the betterment of health for the people of Mississauga. It charts a course for residents, businesses and agencies to collectively and proactively work toward positively affecting the well-being of those who live and work in Mississauga.

City of Mississauga wins the World Leadership Award for the Healthy City Stewardship Centre 2006

The award was sponsored by The World Leadership Forum, a not-for-profit organization which promotes leadership internationally by spotlighting the work of exceptional leaders and achievers in 15 disciplines, ranging from architecture and civil engineering, culture and the arts, to health, science and technology.

AstraZeneca Canada Inc. and Physical and Health Education Canada launched At My Best™ 2008

This national, school-based children's wellness program was designed to advance physical, nutritional and emotional health and wellness for kindergarten to grade 3 students. The program was launched using Peel schools as the initial launch sites in 2008.

Healthy Community Fund grant received (provincial) 2010

Grant for research project that focused on identifying the assets and barriers that influence walking and cycling participation in Mississauga.

Peel Public Health holds 'Healthy Peel by Design' forum 2012

Focused on designing communities that promote healthier living. Featured panel with public health experts, planners, politicians, and transportation and education officials.

'Walk Mississauga, Cycle Mississauga' expert forum held at UTM 2012

A report was published with recommendations based on the Healthy Community Fund research project (described above) following the provincial grant.

The HCSC's success is based on: Showing Leadership - Sharing similar health messages - Cutting through red tape between agencies - Sharing knowledge and best practices - Completing research - Advocating on behalf of the community - Bridging gaps and building capacity.