

PALLIATIVE CARE CLINIC PATIENT REFERRAL FORM

ACCT#:			
Patient Name:			
DOB:	GENDER	HC #:	
UNIT #:			

$\hfill \square$ Betty and buster lockwood cancer centre

∐ THE CARLO FIDANI PEEL REGIONAL CANCER CEN	TRE
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150 Sherway Drive W. Toronto. M9C 1A5 Telephone: 416- 259- 7580 X5745 Fax: 416- 521- 4104		2200 Eglinton Avenue West, Mississauga. L5M 2H6 Telephone: 905- 813- 1100 X5143 Fax: 905- 813- 4024		
Street Apt/U	nit # City - Pro	vince Postal Code		
Home Phone: Other	Phone:	Does the patient speak English? Yes No	Version Code	
ernate Contact Home Phone: Other Phone:				
Person to Contact with Appt.:	nt Alternate	Family MD		
Primary Diagnosis:		Phone:	Fax:	
Other Medical Diagnosis:		☐ No Family MD		
Urgency (see reverse side)	☐ level 2 ☐ level 3	Palliative Performance Scale (10- (see reverse side)	100)	
☐ Palliative Care Referral			☐ Same Day ☐ Next Oncology Visit ☐ APN Scheduled Visit	
☐ Patient Informed of Referral	Specific Concerns:			
Reason for Referral:				
☐ Pain and Symptom Management ☐ Psychosocial Support ☐ End of Life Care				
Information required with external	referral:	Telephone: 905- 813- 1100 X5143 Fax: 905- 813- 4024 City - Province		
☐ Medications and Doses ☐ Cor	nsultations and Recent Clinical No	tes	c Imaging	
Referring MD	Phone:	Fax:	Physician #	
MD Signature:		Date:		
	For Office Us	e Only		
Appt Date:	Time:	MD:		
Appointment Given To: Patient	☐ Other:	Date Notified:		
Date received:		Staff Signature:		



Information for referring physicians

- 1. Only patients with cancer as their primary diagnosis will be seen in the Palliative Care Clinic.
- 2. Referrals must be accompanied by appropriate clinical information including consultations and clinical notes, laboratory and diagnostic information and medications with dosages.
- Referrals are reviewed and appointments scheduled based on the stated urgency (see below), the Palliative Performance Scale (see below) and the patient's residence within the catchment area of the Peel Regional Cancer Centre.
- 4. The patient will be seen and assessed by a nurse and palliative care physician. A care plan will be developed based on the patient's current needs. The assessment and recommendations will be reviewed with the patient and family and will be provided to the referring physician and the family physician.
- 5. Follow- up care may be designated to the referring physician, the family physician or to the Palliative Care Clinic. Follow- up care may also be shared between the primary care physician and the Palliative Care Clinic. The Palliative Care Clinic does not automatically assume primary care for all referred patients.

Urgency Symptoms are best rated using 10 point scale (0 none, 10 worst) such as the Edmonton Symptom Assessment Scale.

- Level 1: Severe symptoms (7- 10/10 on analog scale); severe psychosocial distress or dysfunction; prognosis less than 1 month
- Level 2: Moderate symptoms (4-6/10); moderate psychosocial difficulties; prognosis 1-3 months
- Level 3: Noncurative disease, No or mild symptoms, prognosis 3- 12 months



Palliative Performance Scale (PPSv2)

version 2

PPS	Ambulation	Activity & Evidence of	Self-Care	Intake	Conscious Level
Level		Disease			
100%	Full	Normal activity & work	Full	Normal	Full
		No evidence of disease			
90%	Full	Normal activity & work	Full	Normal	Full
		Some evidence of disease			
80%	Full	Normal activity with Effort	Full	Normal or	Full
		Some evidence of disease		reduced	
70%	Reduced	Unable Normal Job/Work	Full	Normal or	Full
		Significant disease		reduced	
60%	Reduced	Unable hobby/house work	Occasional assistance	Normal or	Full
		Significant disease	necessary	reduced	or Confusion
50%	Mainly Sit/Lie	Unable to do any work	Considerable assistance	Normal or	Full
		Extensive disease	required	reduced	or Confusion
40%	Mainly in Bed	Unable to do most activity	Mainly assistance	Normal or	Full or Drowsy
		Extensive disease	-	reduced	+/- Confusion
30%	Totally Bed	Unable to do any activity	Total Care	Normal or	Full or Drowsy
	Bound	Extensive disease		reduced	+/- Confusion
20%	Totally Bed	Unable to do any activity	Total Care	Minimal to	+/- Confusion Full or Drowsy +/- Confusion
	Bound	Extensive disease		sips	+/- Confusion
10%	Totally Bed	Unable to do any activity	Total Care	Mouth care	Drowsy or Coma
	Bound	Extensive disease		only	+/- Confusion
0%	Death	-	-	-	_

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